

NEWSLETTER NO 5

October 2016



READ ABOUT:-

- **Registration Process – CRITICAL!!!!**
- Late Substitutions
- Transport
- Start Line
- Tog Bags
- Run Clean
- Number into Lucky Draw
- Prize money
- 2017 Race Date
- Our Sponsors

REGISTRATION PROCESS !!!!

Due to increasing misuse of this process and the resultant undue risk placed on the organizers and participants we have had to tighten control around the registration process.

- You will need to exchange a copy of your ID document in order to collect your envelope at registration.
- Your envelope will contain a personalized, colour coded, license number and timing chip in need.
- There will be eight queues at registration – your surname determines your queue which will be clearly signed.
- If your surname starts with an “A” for example and you also are collecting an envelope for a friend with surname “H” for example- it may mean that you will have to queue twice.

PLEASE BE AWARE OF THIS AS THE HELPERS CANNOT MOVE BETWEEN TABLES!!!!

- If you are collecting an envelope on behalf of someone you will also need a copy of that person's ID doc attached to a copy of your own ID document. This copy is over and above the copy of your ID to collect your own envelope. Therefore collecting say for 3 friends, then there has to be a copy of your ID document attached to each of their copies.
- **No copy of ID – NO ENVELOPE!!!!!!!**
- **T-shirts need to be collected in person at Registration BEFORE the start of the event. Those not collected by 07h00 on 15 October will be sold in aid of our local charities. No T-shirts will be posted or kept for entrants not collecting at registration.**
- **If you are collecting your registration pack and not intending to run then PLEASE remove the timing chip from your pack and return to the organizers. It helps to speed up reconciliation of results. THANK YOU.**

LATE SUBSTITUTIONS

Due to many pleas and in a gesture of goodwill the organizers will offer a limited substitution process at registration on Friday 14 October. **This service is an administrative nightmare and is not to be construed as a common practise for future events.** The process will be as follows:-

- Prospective entrant produces a copy of the ID of the current entrant and bar code of the entry along with their own ID document.
- Completes an abridged entry form and pays R200.
- Timing chip and personalized colour coded race bib is changed to reflect new detail.
- There can be no up or downgrades of distance in this process.
- Questions?? Call Des Harris on 083 309 8732 beforehand.

TRANSPORT

Transport will be done from 04h45 to 05h30. The **transport for the 12.5km** will leave from le Roux Street in front of the church. The **21.1km transport is in the Main Street.** Race number bibs are colour coded and a 21.1km bib will not be allowed onto the 12.5km transport and vice versa. Parking can be a challenge so plan to arrive early. Tea, coffee and rusks will be on offer at the start, at no cost.

START LINE

Traffic flow requirements and the safety of participants have necessitated changes. The 10km changed to a 12.5km. The assembly area will be in the rest area at the waterfall. Participants will not be allowed onto the road. The race will start from the assembly area on the side of the road from where you will move into the right hand lane, facing on-coming traffic, as you proceed to the Finish line.

Similarly the 21.1km start will be on the side of the road in the assembly area. Nobody will be allowed onto the road before the start. You will need to stay on the right, facing on-coming traffic, for the duration of the event.

We need everybody's co-operation. Failing which we could find the traffic and disaster management officials reducing the numbers of participants to future events.

A FRIENDLY REQUEST – In recent years the start has attracted a growing “unsavoury element” Let us not encourage these folk by dropping surplus clothing and fleecies, etc alongside the road at the start. Please place these in the designated drop zone. We will ensure that supported charities receive these donations in an organized and controlled manner.

TOG BAGS

A limited “tog-bag” facility will be available. **The organizers**, while offering this service, **cannot be held responsible for any losses suffered**. Please do not leave valuables in your tog bag. Collection point at the finish is next to the coke stand. Items not collected by 11h00 will be donated to local charities.

RUN CLEAN Campaign

You will all agree that we are running in a picturesque environment. The Modern Athlete Run Clean Campaign will be supporting us. Bins will be placed at water points and at every km marker. Please use these and do not discard your cups and sachets on the road surface. This is an earnest appeal – let us show other events what we are made off – **keep Meiringspoort clean!!!!**



LUCKY DRAWS

In the finish area, a bin will be provided for you to drop one of your personalised race number bibs in. Lucky draws will then be drawn from this bin and handed over by you identifying yourself with your remaining personalized race number bib.

PRIZEGIVING

Takes place at 11H00. Sponsors of the prize money want to be photographed with the category prize winners. If you as a category prize winner cannot afford them this courtesy then you will need to make a suitable arrangement with the event organiser. Failing to make this arrangement and not being present will result in a forfeit of prize money which will be handed to a charity present at the prize giving.

IN CLOSING

The organizers look forward to welcoming you to De Rust. Bring your wallet along. The bazaar promises to be bigger and better!! Come and enjoy the local hospitality before and after the event.

2017 RACE DATE

14 October 2017

Loyalty Entries open 06 May 2017 balance being sold from 13 May onwards.

Happy Training – see you on 14 October.

Meiringspoort21 Organising Committee



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